Reflection Questions for AI Rocket:

Problem Definition:

How did your understanding of the problem you wanted to solve influence your approach to using AI?
How clear were your goals before you began using AI?

AI:

What considerations did you make when choosing the AI technology you wanted to use?
If you used multiple AI systems, how did you compare their results, and what did you learn from the differences?

Input:

How did you formulate your instructions to the AI to guide its response?
Did you consider asking the AI to adopt a specific role or perspective?
Did you specify desired output formats or structures?
Did you ask for explanations of the AI's process or references to additional knowledge?

Output:

Did you create more than one proposal?
How did you evaluate the responses you received from the AI?
What criteria did you use to decide whether to use all or parts of the AI's output?

Validation:

In what ways did you use your own judgment to assess the quality of the AI's output?
How did you incorporate your professional knowledge in this assessment?
How did you ensure that the output was in line with your original goals?
How did your evaluation of the output affect your subsequent inputs to the AI?

Dissection:

Did you experience misunderstandings or ambiguities in communication with the AI?
How did you handle situations where the AI did not understand certain concepts as expected?
How did you adjust your prompts to improve understanding?

Co-Creation:

How did you integrate the AI's output into your own work or thought process?
What changes or additions did you make after receiving the AI's input?

Goals:

How did you assess whether you had achieved the desired result?
What methods did you use to measure the success of your task?
Did you go through the process multiple times to improve the result?
What experiences did you gain during any repetitions or loops?

Agency:
At which points did humans actively make decisions, set criteria, or change direction - and where did AI primarily generate options or suggestions?

AI Rocket cheatsheet

A proffesional aproach to adding value with generative ai



Mindset:
AI as an augmentation of your skills, a "digital exo-skeleton":
Work towards co-creation and Hybrid intelligence

Agency and Responsibility

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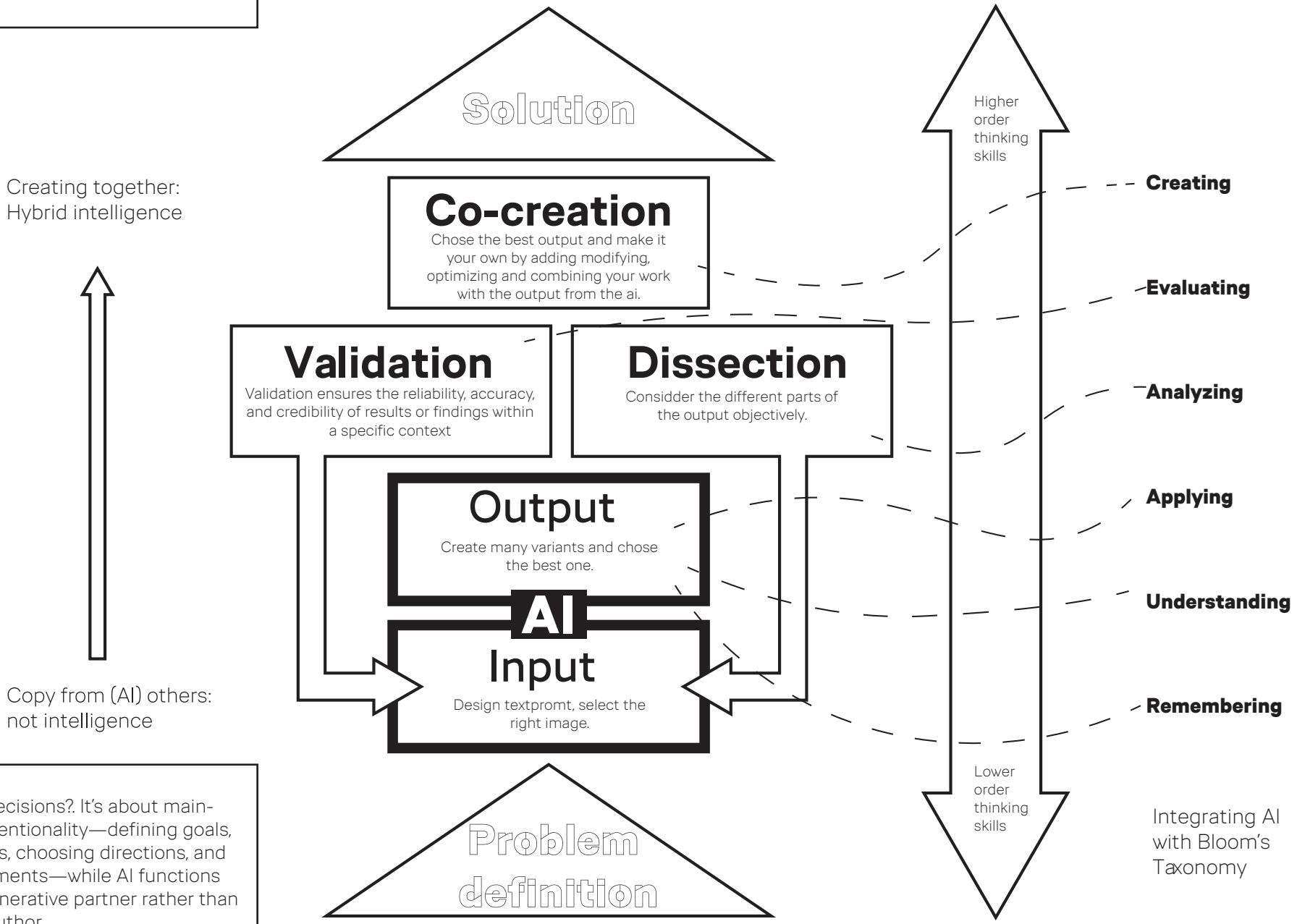
Responsibility
Who is accountable for the outcomes? Even when AI contributes ideas, visuals, or text, humans remain responsible for ethical considerations, originality, bias, sustainability impact, and how the output is used in real-world contexts.

AI Rocket

A foundation for working proffesionally with AI



Integrating AI with Bloom's Taxonomy

Agency
Who makes the decisions?. It's about maintaining human intentionality—defining goals, setting constraints, choosing directions, and making final judgments—while AI functions as an assistive, generative partner rather than an autonomous author.